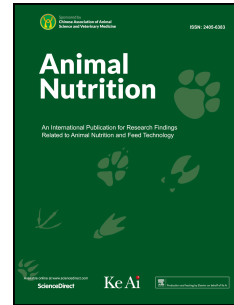


Journal Pre-proof

Inhibition of pyruvate dehydrogenase kinase improves carbohydrate utilization in Nile tilapia by regulating PDK2/4-PDHE1 α axis and insulin sensitivity

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1 **Author contributions**

2 **Zhenyu Du** and **Yuan Luo** designed the experiments; **Yuan Luo** carried out the
3 experimental work. **Yuan Luo** wrote the manuscript under the direction of **Zhenyu Du**.
4 **Wenhao Zhou**, **Ruixin Li** and **Fang Qiao** assisted with the experimental work.
5 **Samwel M Limbu**, **Liqiao Chen** and **Meiling Zhang** contributed to critical revision
6 of the manuscript.

7

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1 **Inhibition of pyruvate dehydrogenase kinase improves carbohydrate**
2 **utilization in Nile tilapia by regulating PDK2/4-PDHE1 α axis and**
3 **insulin sensitivity**

4

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19

20 **ABSTRACT**

21 Pyruvate dehydrogenase kinases (PDKs)-pyruvate dehydrogenase E1 α subunit
22 (PDHE1 α) axis plays an important role in regulating glucose metabolism in mammals.
23 However, the regulatory function of PDKs-PDHE1 α axis in the glucose metabolism
24 of fish is not well known. This study determined whether PDKs inhibition could
25 enhance PDHE1 α activity, and improve glucose catabolism in fish. Nile tilapia
26 fingerlings (1.90 ± 0.11 g) were randomly divided into 4 treatments in triplicate (30
27 fish each) and fed with control diet without dichloroacetate (DCA0) (38% protein, 7%
28 lipid and 45% corn starch) and the control diet supplemented with DCA, which
29 inhibits PDKs through binding the allosteric sites, at 3.75 (DCA3.75), 7.50 (DCA7.50)
30 and 11.25 g/kg (DCA11.25), for 6 wk. The results showed that DCA3.75, DCA7.50
31 and DCA11.25 significantly increased weight gain, carcass ratio and protein
32 efficiency ratio ($P < 0.05$) and reduced feed efficiency ($P < 0.05$) of Nile tilapia. To
33 investigate the effects of DCA on growth performance of Nile tilapia, we selected the
34 lowest dose DCA3.75 for subsequent analysis. Nile tilapia fed on DCA3.75
35 significantly reduced the mesenteric fat index, serum and liver triglyceride
36 concentration and total lipid content in whole fish, and down-regulated the
37 expressions of genes related to lipogenesis ($P < 0.05$) compared to the control. The
38 DCA3.75 treatment significantly improved glucose oxidative catabolism and
39 glycogen synthesis in the liver, but significantly reduced the conversion of glucose to
40 lipid ($P < 0.05$). Furthermore, the DCA3.75 treatment significantly decreased the
41 PDK2/4 gene and protein expressions ($P < 0.05$), accordingly stimulated PDHE1 α

42 activity by decreasing the phosphorylated PDHE1 α protein level. In addition,
43 DCA3.75 treatment significantly increased the phosphorylated levels of key proteins
44 involved in insulin signaling pathway and glycogen synthase kinase 3 β ($P < 0.05$).
45 Taken together, the present study demonstrates that PDK2/4 inhibition by using DCA
46 promotes glucose utilization in Nile tilapia by activating PDHE1 α , and improving
47 insulin sensitivity. Our study helps to understand the regulatory mechanism of glucose
48 metabolism for improving dietary carbohydrate utilization in farmed fish.

49 **Keywords:** Dichloroacetate; Glucose utilization; Insulin sensitivity; Nile tilapia;
50 PDK2/4-PDHE1 α axis

51 **1. Introduction**

52 Carbohydrates are abundant plant ingredients, and are generally considered as
53 the most economical energy source in omnivorous and herbivorous fish nutrition,
54 because of their relatively low cost and protein-sparing effect (Kamalam et al., 2017;
55 Shrestha et al., 2011). Thus, increasing carbohydrate percentages in aquafeeds is one
56 of the most economical nutritional strategies (Callet et al., 2020). Currently, high
57 carbohydrate diets are widely used in aquaculture, especially in Nile tilapia
58 (*Oreochromis niloticus*), gibel carp (*Carassius auratus* var. *Gibelio*), blunt snout
59 bream (*Megalobrama amblycephala*) and grass carp (*Ctenopharyngodon idellus*)
60 (Boonanuntanasarn et al., 2018a; Li et al., 2021; Limbu et al., 2020; Tan et al., 2009;
61 Su et al., 2021; Shi et al., 2018). Fish species possess the key metabolic pathways and
62 complete enzymatic systems for glucose catabolism (Kamalam et al., 2017). However,
63 fish are poor users of dietary carbohydrates, and often display prolonged

64 hyperglycemia, excessive fat accumulation, growth retardation, reduced feed
65 utilization, decreased antioxidant ability and immune functions after feeding them
66 with high carbohydrate diets for a long period (Jin et al., 2014; Li et al., 2021; Xu et
67 al., 2018). Although the precise reasons for poor utilization of carbohydrates by fish
68 are not fully understood, it has been suggested that the low capacity of fish to use
69 efficiently carbohydrate for energy is caused partly by the imbalance between the
70 glucose breakdown (glycolysis and tricarboxylic acids [TCA] cycle) and synthesis
71 (gluconeogenesis) (Hemer et al., 2002 ; Kamalam et al., 2017). Therefore, promoting
72 complete glucose catabolism in fish, especially those fed on high carbohydrate diets,
73 is an important research topic for fish nutritionists.

74 Activities for living animals depend on the availability of energy in the form of
75 adenosine triphosphate (ATP), delivered from substrate fuels through the oxidative
76 phosphorylation process (Stacpoole, 2017). Glucose is initially converted into
77 pyruvate through several glycolytic intermediates in cytoplasm. On one hand,
78 pyruvate is converted to acetyl-coenzyme A (acetyl-CoA) in mitochondria, which then
79 enters the TCA cycle and oxidative phosphorylation to produce ATP, CO₂ and H₂O
80 (Pithukpakorn, 2005). Moreover, pyruvate is also converted to other 3-carbon
81 molecules for the synthesis of fatty acids and steroids (Wahren and Ekberg, 2007).
82 Therefore, the final metabolic fate of pyruvate determines the efficient use of glucose
83 directly as an energy supply substance by animals. The rate of glucose-derived
84 pyruvate oxidation is dictated, in large part, by the multisubunit enzyme-pyruvate
85 dehydrogenase (PDH) (Gudi et al., 1995; Takubo et al., 2013; Zhang et al., 2014),

86 which is the key enzyme system connecting glycolysis to the TCA cycle and the
87 subsequent oxidative phosphorylation (Schafer et al., 2018; Wu et al., 2018a; Wu et
88 al., 2000). PDH activity is regulated by reversible covalent modification via PDHE1 α
89 subunit (PDHE1 α) phosphorylation, which is mediated by PDH kinases (PDKs)
90 (Jeoung and Harris, 2008; Harris, 2002). Four PDK (PDK1-4) isoforms are expressed
91 in a tissue-specific manner, with unique expression profiles in response to different
92 physiological conditions (Wu et al., 2000). In mammals, PDK1 and PDK3 are mainly
93 expressed in heart, kidney and testes. PDK2 and PDK4 are widely expressed in many
94 tissues, including heart, brain, liver, islets, skeletal muscle and the adipose tissue
95 (Klyuyeva et al., 2018; Wang et al., 2021). PDK1-4 are all serine-specific kinases,
96 which can phosphorylate and inactivate PDHE1 α , and among them PDK2 and PDK4
97 are the major PDKs, which are responsible for the regulation of PDHE1 α activity in
98 the liver (Harris et al., 2002; Jeoung and Harris, 2008). Similar to mammals, different
99 PDK isoenzymes have been identified in common killifish (*Fundulus heteroclitus*)
100 and zebrafish (*Danio rerio*) (Fukuda et al., 2020; Richards et al., 2008; Kuang et al.,
101 2016). However, studies on the regulatory function of the PDKs-PDHE1 α axis in
102 glucose metabolism in Nile tilapia are currently lacking. PDKs-PDHE1 α axis might
103 be a potential regulatory target for improving the oxidative catabolism of glucose in
104 fish.

105 Dichloroacetate (DCA) is a widely studied pyruvate mimetic, which inhibits
106 PDKs through binding to the allosteric sites of PDK1, 2, 3 and 4 in mammals (Kato et
107 al., 2007). By inhibiting the PDKs, the flux of pyruvate into the mitochondria is

108 increased, thus promoting glucose oxidation over glycolysis. Previous studies have
109 indicated that DCA inhibited PDK4 expression, and activated PDHE1 α expression by
110 dephosphorylation at the serine 293 and 300 residues in mouse C2C12 cells
111 (Thoudam et al., 2019) and H9C2 cardiac myocytes (Gopal et al., 2017). In normal
112 and obese mice, DCA improved markedly glucose tolerance and insulin sensitivity,
113 and enhanced total carbohydrate oxidation (Younghoon et al., 2016; Wu et al., 2018).
114 In addition, DCA also increased glucose translocation and consumption in porcine
115 intestinal epithelial (IPEC-J2) cells (An et al., 2018). In zebrafish, some studies
116 showed that the DCA-mediated PDK2 inhibition reduced lactate production; DCA
117 also inhibited PDK4, and induced a shift in energy supply from fatty acids to glucose
118 in cardiomyocytes (Fukuda et al., 2020; Kuang et al., 2016). Therefore, we
119 hypothesized that DCA may act as an effector to improve the glucose utilization in
120 fish by regulating the PDKs-PDHE1 α axis.

121 Nile tilapia is one of the most important economic omnivorous species in global
122 aquaculture (FAO, 2020). Generally, diets containing 300-350 g/kg carbohydrate do
123 not affect Nile tilapia growth performance (Boonanuntanasarn et al., 2018b; Wang et
124 al., 2005). Our previous studies showed that diets containing 450 g/kg carbohydrate
125 led to excessive fat accumulation and reduced growth performance in Nile tilapia (Li
126 et al., 2020b; Liu et al., 2018; Luo et al., 2020; Xu et al., 2021; Limbu et al., 2020).
127 Normally, the adverse effects of high carbohydrate diets on Nile tilapia are ascribed to
128 the imbalance between glucose catabolism for energy provision and conversion to fats
129 (Liu et al., 2018; Prisingkorn et al., 2017). In the present study, Nile tilapia were fed

130 with a control diet containing 450 g/kg corn starch (DCA0), and the control diet
131 supplemented with different concentrations of DCA at 3.75 (DCA3.75), 7.50
132 (DCA7.50) and 11.25 g/kg (DCA11.25) levels for 6 wk. The aim was to evaluate the
133 regulatory roles of the PDKs-PDHE1 α axis on the glucose utilization efficiency and
134 fat accumulation in fish. Our study demonstrates that PDK2/4 inhibition by using
135 DCA promoted glucose utilization in Nile tilapia by activating PDHE1 α and
136 improving the insulin sensitivity. These results help to understand the regulatory
137 mechanism of glucose metabolism for improving energy supply from dietary
138 carbohydrates for farmed fish. This is also the first study elucidating the potential
139 regulatory function of the PDKs-PDHE1 α axis in improving the carbohydrate
140 utilization in fish.

141 **2. Materials and Methods**

142 *2.1. Ethical statement*

143 All experiments were conducted strictly under the Guidance Suggestions for the
144 Care and Use of Laboratory Animals formulated by the Ministry of Science and
145 Technology of China. In the present study, all the animal experimental procedures
146 were conducted in compliance with the Ethics of Animal Experiments of East China
147 Normal University (approval number F20210101).

148 *2.2. Experimental fish, diets and study design*

149 Nile tilapia (all-male) fingerlings were purchased from Bairong Fish Breeding
150 Farm in Guangzhou, China. Before the formal trial, the fish were acclimated in a
151 recirculating aquaculture system for 2 wk. During the acclimation process, fish were

152 fed a purified diet containing 380 g/kg protein, 50 g/kg lipid and 300 g/kg corn starch.

153 Four isonitrogenous and isolipidic purified experimental diets were formulated,

154 including a control diet (DCA0, 450 g/kg corn starch), and the control diet

155 supplemented with 3 doses of DCA at 3.75 (DCA3.75), 7.50 (DCA7.50) and 11.25

156 g/kg (DCA11.25). Protein was supplied by casein and gelatin. Dietary lipid was

157 supplied by soybean oil. Corn starch was used to provide the required dietary

158 carbohydrate level. In our previous studies, 450 g/kg corn starch was used to

159 formulate the high carbohydrate diets for Nile tilapia (Luo et al., 2020; Limbu et al.,

160 2020). The diets contained approximately 380 g/kg protein and 70 g/kg lipid, which

161 met the nutritional requirements of Nile tilapia according to our previous studies (Li

162 et al., 2021; Limbu et al., 2020; Luo et al., 2020). Feed formulation and proximate

163 composition of the diets used in the present study are presented in Table 1. The

164 ingredients were finely ground, mixed homogeneously, and pelletized by using a

165 double helix plodder (F-26, SCUT industrial factory, Guangdong, China). The

166 experimental diets were dried at 40 °C for 24 h, and stored at -20 °C until use. After

167 the acclimation period, 360 Nile tilapia fingerlings with no exterior injuries and

168 deformities (initial mean weight: 1.90 ± 0.11 g) were divided randomly into 12 tanks

169 (each tank held 30 fish, in 3 replicates) in a recirculating aquaculture system. The size

170 of each tank was 0.8 m × 0.6 m × 0.6 m (containing 250 L water), and the water flow

171 rate was 200 L/h. The fish were hand-fed by using the four experimental diets twice a

172 day (8:30 and 17:30 h) at a daily feeding rate of 4% body weight for 6 wk. The daily

173 intake of DCA for fish was 0, 150, 300 and 450 mg/kg body weight, respectively. The

174 dietary DCA doses were determined based effective dosages already used in previous
175 studies in rat and zebrafish (Wu et al., 2018; Hassoun et al., 2005). Body weight of all
176 fish in each tank was bulk measured once every week by using an electronic weighing
177 scale to adjust their daily feed rations. The remaining feeds after 1 h of feeding were
178 siphoned, dried and weighed for the determination of feed intake. During the feeding
179 trial period, the water temperature, pH, dissolved oxygen and ammonia nitrogen were
180 27.00 ± 2.00 °C, 7.80 ± 0.20 , > 7.00 mg/L and < 0.05 mg/L, respectively.

181 *2.3. Samples collection for analyses*

182 At the end of the 6 wk feeding trial, all fish were fasted overnight and
183 anaesthetized by using MS222 (20 mg/L). The survived fish in each tank were
184 counted to determine their number and bulk weighed. Three fish per tank were
185 sampled randomly and individually measured for their body weight and length. After
186 weight and length measurements, blood was drawn from the caudal vein of the nine
187 fish by using 2 mL syringes (Klmedical, China). Blood samples were immediately
188 centrifuged at $1,000 \times g$ for 10 min at 4 °C, the serum was placed into polypropylene
189 tubes for biochemical analysis. The remaining fish after blood collection were
190 dissected individually for collecting liver, muscle and mesenteric samples. The
191 mesenteric fat and liver samples were weighed for organ indices analysis. The liver
192 and muscle samples were instantly frozen in liquid nitrogen, and then stored at -80 °C
193 for the analyses of glycogen and triglyceride (TG) contents and mRNA expression of
194 genes. The fish head, fin and visceral were removed from all the 4 fish per tank (12
195 fish per treatment), and were weighed for the determination of carcass ratio. Another

196 6 fish from each treatment were randomly collected and stored at -20 °C for body
197 proximate composition analysis.

198 *2.4. Estimation of growth performance, survival rate, feed efficiency, and organ*
199 *indices*

200 The data obtained on weight, number of fish, length, amount of feed and organs
201 weight were used to compute growth performance, survival rate, feed efficiency, and
202 organ indices by using the following formulae:

203 Weight gain (WG, %) = $100 \times [(final\ weight, g) - (initial\ weight, g)] / (initial$
204 $weight, g)$;

205 Survival rate (SR, %) = $100 \times final\ fish\ number / initial\ fish\ number$;

206 Feed conversion ratio (FCR) = $(feed\ fed\ during\ the\ entire\ study, g) / biomass$
207 $gained\ during\ the\ study, g$;

208 Hepatosomatic index (HSI, %) = $100 \times (liver\ weight, g) / (individual\ fish\ weight,$
209 $g)$;

210 Mesenteric fat index (%) = $100 \times (mesenteric\ fat\ weight, g) / (individual\ fish$
211 $weight, g)$;

212 Feed intake (FI, %) = $100 \times (dry\ feed\ consumed, g) / \{[(final\ weight, g) + (initial$
213 $weight, g)] / 2\} / d$;

214 Protein efficiency ratio (PER) = $(biomass\ gained\ during\ the\ study, g) / (total$
215 $protein\ intake, g\ DM)$;

216 Condition factor (CF, %) = $100 \times (final\ weight, g) / (final\ body\ length, cm^3)$;

217 Carcass ratio (CR, %) = $100 \times [(body\ weight, g) - (head\ weight, g) - (fin\ weight,$

218 g) – (visceral weight, g)]/(body weight, g).

219 2.5. Biochemical parameters analyses

220 Specific commercial assay kits (Nanjing Jiancheng Bioengineering Institute,
221 Nanjing, China) were used to measure the contents of TG (Kit F001-1) and glycogen
222 (Kit A043-1) in the liver and muscle. Similarly, the concentrations of TG, glucose (Kit
223 F006-1) and insulin (Kit H203-1) were analyzed in the serum by using specific
224 commercial assay kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China).
225 All measurement steps were performed according to the relevant kit protocols.
226 Furthermore, the total lipid in the whole fish was extracted and determined by using
227 the chloroform/methanol (2:1, vol:vol) method (Folch, 1957).

228 2.6. Total RNA extraction, cDNA synthesis and quantitative real-time PCR

229 Six fish were sampled for brain, heart, muscle, liver, kidney, spleen, gill, intestinal
230 and adipose tissues collection for total RNA extraction using RNAiso Plus (Takara,
231 Japan) according to the manufacturer's instructions. The quality and quantity of RNA
232 were determined by agarose gel electrophoresis and Nanodrop 2000
233 spectrophotometer (Thermo Fisher Scientific, USA), respectively. The RNA was
234 reverse transcribed to cDNA by using the PrimeScript Reagent kit (Takara, Japan). It
235 was subsequently used to analyze the tissue expression specificity of PDK1/2/3/4
236 genes. Similarly, the liver and muscle tissues of 6 fish from each treatment were also
237 collected for total RNA extraction, cDNA synthesis and quantitative real-time PCR
238 (qRT-PCR). The elongation factor 1 alpha (*ef1 α*) and *β -actin* were used as reference
239 genes due to their stability for Nile tilapia (Limbu et al., 2018). The primers used in

240 the present study are showed in Table 2. The expression of genes was quantified by
241 using qRT-PCR (Bio-rad, USA) with the SYBR qPCR reagent (Vazyme Biotech CO.,
242 Ltd. Nanjing, China). The qRT-PCR results were estimated by the $2^{-\Delta\Delta C_t}$ method
243 (Livak and Schmittgen, 2001). In the present study, the qRT-PCR efficiency was
244 between 95% and 105% for all analyses, and the correlation coefficient was over 0.96
245 for each gene. Each qRT-PCR run was performed in triplicate with negative control
246 (no cDNA) also included.

247 *2.7. Western blot analysis*

248 The liver tissues from 9 fish from each treatment for western blot assays were
249 prepared as reported by Luo et al. (2020). The liver protein concentrations were
250 measured by using a bicinchoninic acid assay protein kit (Beyotime Biotechnology,
251 China) to determine the loading volume. Express cast PAGE gel (New Cell &
252 Molecular Biotech, China) was run using 50 μ g of protein lysate per lane. The gels
253 obtained were then transferred into nitrocellulose (NC) membranes for 90 min at 90
254 mV, and the NC membranes were blocked with 5% bovine serum albumin. The
255 information on antibodies used for this study is provided in Table 3. The
256 glyceraldehyde-3-phosphate dehydrogenase (Gapdh) was used as a reference protein.
257 The detection and quantification were performed by using the Odyssey CLX Imager
258 (LI-COR, Inc., USA).

259 *2.8. Histological analysis*

260 Small pieces (about 1 cm³) of liver and muscle tissues were fixed in 4%
261 paraformaldehyde (Servicebio Technology Co., Ltd. Wuhan, China) for 48 h at room

262 temperature. The fixed tissues were then embedded in paraffin wax, and were cut into
263 5 µm slices for periodic acid-Schiff (PAS) staining. The liver tissue was incubated by
264 using 30% sucrose at 4 °C for 72 h. The liver tissue was then embedded at optimum
265 cutting temperature compound (Sakura, Japan), and was immediately frozen at -80 °C
266 for oil red O (Sigma-Aldrich, USA) staining. The histological features were observed
267 and photographed by using a light microscope (Nikon Ds-Ri2, Japan).

268 2.9. Glucose tolerance test (GTT)

269 The glucose tolerance test (GTT) was performed as described in our previous
270 studies (Liu et al., 2018; Li et al., 2020a). After the feeding trial, 96 fish (24 fish per
271 treatment) were fasted for 12 h. The fish were then intraperitoneally (i.p.) injected
272 with 500 mg/kg of glucose. The fish from each treatment were then sampled at 0, 30,
273 60 and 180 min after the glucose injection (6 fish per time point) for tail vein blood
274 collection and the serum was immediately obtained as described in the previous
275 section. Glucose and insulin levels in serum samples were determined by using
276 specific kits as shown above.

277 2.10 Metabolic tracking test of [1-¹⁴C]-Glucose

278 After the feeding experiment and overnight fasting, 6 fish from each treatment
279 were randomly collected and anesthetized with tricaine methane sulfonate (Western
280 Chemicals, Inc., Ferndale, USA) at 20 mg/L). The fish were i.p. injected with saline
281 containing [1-¹⁴C]-glucose (500 mg/kg body weight and 0.1 M Bq per 50 g body
282 weight). The injected fish were moved immediately into a closed glass jar containing
283 the oxygen-saturated water, which was connected to another glass bottle containing

284 the 1 mol/L potassium hydroxide (KOH) solution. The details of the experimental
285 process on metabolic tracking test of [1-¹⁴C]-glucose were as previously described
286 (Yoshida and Harper, 1960; Garin et al., 1987). Briefly, 1 mol/L KOH solution
287 absorbs ¹⁴CO₂ released from the oxidation of the [1-¹⁴C]-glucose. The ¹⁴CO₂ released
288 was collected during the 90 min release period. The liver and muscle samples (0.5 g)
289 were digested by using a digestion solvent (30% H₂O₂/HClO₄, 1:2, vol/vol) (1:5,
290 w/vol) at 60 °C in a water bath for 6 h. The ¹⁴C-protein (the 1 mmol/L
291 NaCl-Tris-HCl/10% HClO₄ extraction method), ¹⁴C-lipid (the chloroform-methanol
292 extraction method, 2:1, vol/vol) and ¹⁴C-glycogen (the 70% ethanol precipitation
293 method) were extracted as described previously (Challiss et al., 1983; Chan and Krebs,
294 1985; Li et al., 2020a; Li et al., 2020b; Li et al., 2021). After the extraction, the
295 ¹⁴C-labeled macronutrients were dissolved into 0.5 mL of strong lysate (30%
296 H₂O₂/HClO₄, 1:2, vol/vol). The radioactivity of 200 µL KOH solution and nutrient
297 lysate were measured after mixing with 2 mL scintillation fluid (Ultima Gold XR,
298 Packard, USA) by using the Tri-Carb 4910TR Liquid Scintillation Analyzer
299 (PerkinElmer, USA).

300 *2.11. Statistical analyses*

301 All data were tested for normality by using the Kolmogorov-Smirnov test while
302 homogeneity of variances was determined by using the Levene's test. The significant
303 differences on final body weight (FBW), WG, SR, FCR, FI, PER, CF and CR among
304 the DCA0, DCA3.75, DCA7.50 and DCA11.25 treatments were all tested by using
305 one-way analysis of variance (ANOVA) followed by the Tukey's multiple comparison

306 test for specific differences. The significant differences of the remaining measured
307 parameters between the DCA0 and DCA3.75 treatments were all evaluated by using
308 the independent *t*-test. Results with $P < 0.05$ were considered statistically significant.
309 All results are reported as means \pm standard error of the mean (SEM) as indicated in
310 figure legends. All statistical analyses were performed by using the GraphPad Prism
311 7.0 software (GraphPad Software Inc., La Jolla, CA, USA).

312 **3. Results**

313 *3.1. The effects of DCA on growth performance and feed efficiency*

314 After the 6 wk feeding trial, the Nile tilapia fed on the DCA3.75, DCA7.50 and
315 DCA11.25 diets had significantly higher FBW, WG, PER and CR than those fed on
316 the DCA0 diet ($P < 0.05$) (Fig. 1A, B, F, H). In addition, the Nile tilapia fed on the
317 DCA3.75, DCA7.50 and DCA11.25 diets had significantly lower FCR than those fed
318 on the DCA0 diet ($P < 0.05$) (Fig. 1D). However, feeding the Nile tilapia with all the
319 experimental diets did not affect the SR, FI and CF ($P > 0.05$) (Fig. 1C, E, G).
320 Therefore, we selected the DCA3.75 treatment, which contained the lowest dose of
321 DCA for subsequent analysis.

322 *3.2. The effects of DCA on lipid deposition*

323 In the present study, we analyzed lipid deposition-related parameters. The results
324 showed that, feeding the Nile tilapia with the DCA3.75 diet significantly reduced the
325 mesenteric fat index, TG concentration in the serum, total lipid in the whole fish, lipid
326 droplets amount in the liver, and TG level in the liver ($P < 0.05$) (Fig. 2B-F). However,
327 feeding the Nile tilapia with the DCA0 and DCA3.75 diets did not affect the HSI ($P >$

328 0.05) (Fig. 2A). Interestingly, Nile tilapia fed on the DCA3.75 diet significantly
329 reduced the expressions of genes related to lipid synthesis, such as sterol regulatory
330 element binding transcription factor 1 (*srebp1*), fatty acid synthase (*fas*),
331 diacylglycerol o-acyltransferase (*dgat*) and acetyl-coa carboxylase α (*acca*) ($P < 0.05$)
332 (Fig. 2G). However, the DCA0 and DCA3.75 diets had no significant effect on the
333 expressions of key genes involved in lipid catabolism in Nile tilapia, such as
334 peroxisome proliferator activated receptor α (*ppara*), carnitine palmitoyl transferase
335 1b (*cpt1b*) and acetyl-coa carboxylase β (*acc β*) ($P > 0.05$) (Fig. 2G).

336 3.3. The effects of DCA on glucose metabolism

337 The Nile tilapia fed on the DCA3.75 diet had significantly lower glucose in the serum
338 compared to those fed on the DCA0 diet ($P < 0.05$) (Fig. 3A). Feeding the fish with
339 the DCA3.75 and DCA0 diets did not affect insulin concentration ($P > 0.05$) (Fig. 3B).
340 The results for the GTT test showed that the DCA3.75-fed fish had a faster glucose
341 clearance rate and a lower insulin concentration in the serum than those fed on the
342 DCA0 diet ($P < 0.05$) (Fig. 3C, D). To gain insight into the role of DCA in the overall
343 regulation of glucose metabolism in Nile tilapia, we tracked the use of [1- ^{14}C]-glucose
344 that had been i.p. injected (Fig. 3E). The results for the metabolic tracking test showed
345 that the fish fed on the DCA3.75 diet had significantly higher $^{14}\text{CO}_2$ release (Fig. 3F)
346 and ^{14}C -glycogen deposition (Fig. 3H) in the liver than those fed on the DCA0 diet (P
347 < 0.05). However, the fish fed on the DCA3.75 diet had significantly lower ^{14}C -lipid
348 content ($P < 0.05$) (Fig. 3G) in the liver than those fed on the DCA0 diet. The fish fed
349 on the DCA3.75 diet had similar ^{14}C -protein deposition with those fed on the DCA0

350 diet (Fig. 3I). In the muscle, the deposition of ^{14}C -lipid (Fig. 3J), ^{14}C -glycogen (Fig.
351 3L) and ^{14}C -protein (Fig. 3K) were not significantly different between the fish fed on
352 both diets ($P > 0.05$). The results for the PAS analysis showed that the fish fed on the
353 DCA3.75 diet had higher glycogen content in the liver (Fig. 3M, N) accompanied
354 with higher mRNA expression of glycogen synthase (*gs*) ($P < 0.05$) (Fig. 3O).
355 However, glycogen content (Fig. 3P, Q) and mRNA expression of *gs* (Fig. 3R) in the
356 muscle of Nile tilapia were not significantly different between the DCA3.75 and
357 DCA0 treatments ($P > 0.05$).

358 *3.4. The effects of DCA on the PDK2/4-PDHE1 α axis and expression of genes related*
359 *to glucose metabolism*

360 The Nile tilapia fed on the DCA3.75 diet up-regulated the expressions of genes
361 related to glucose transport (glucose transporter 2, *glut2*; glucose transporter 4, *glut4*)
362 ($P < 0.05$) (Fig. 4A). Furthermore, the fish fed on the DCA3.75 diet up-regulated the
363 expressions of glycolysis-related genes, including glucokinase (*gk*),
364 phosphofructokinase (*pfk*) and pyruvate kinase (*pk*) (Fig. 4B), as well as citrate
365 synthase (*cs*) (Fig. 4D) than those fed on the DCA0 diet ($P < 0.05$). However, the Nile
366 tilapia fed on the DCA3.75 diet significantly down-regulated the mRNA expression of
367 the gluconeogenesis related gene-phosphoenolpyruvate carboxykinase (*pepck*) than
368 those fed on the DCA0 diet ($P < 0.05$) (Fig. 4C). The Nile tilapia fed on the DCA3.75
369 diet significantly increased the expressions of mitochondrial cytochrome c oxidase 1
370 (*mtco1*), succinate dehydrogenase complex subunit A (*sdha*) and NADH
371 dehydrogenase [ubiquinone] 1a subcomplex subunit 9 (*nduta9*) ($P < 0.05$) (Fig. 4E).

372 We further analyzed the effects of DCA on the PDKs-PDHE1 α axis, because it
373 plays an important role in regulating the entry of glucose-derived pyruvate into the
374 TCA cycle to generate acetyl-CoA. The results showed that the PDKs (*pdk1*, *pdk2*,
375 *pdk3* and *pdk4*) were expressed widely in many organs, including brain, heart, muscle,
376 liver, kidney, spleen, gill, intestine and the adipose tissue of Nile tilapia. In the liver,
377 an important target organ of glucose metabolism, the mRNA and protein expressions
378 of *pdk2* and *pdk4* gene were significantly higher than *pdk1* and *pdk3* ($P < 0.05$) (Fig.
379 4F, G). The Nile tilapia fed on the DCA3.75 diet had lower protein concentrations of
380 Pdk2 and Pdk4 (Fig. 4H) with low mRNA expressions (Fig.4 J) in the liver compared
381 to those fed on the DCA0 diet ($P < 0.05$). Likewise, the Nile tilapia fed on the
382 DCA3.75 diet had lower protein concentration of p-Pdhe1 α (Fig. 4H) than those fed
383 on the DCA0 diet ($P < 0.05$). However, the total protein concentration of Pdhe1 α and
384 its mRNA expression were not significantly affected between the fish fed on the
385 DCA3.75 and DCA0 diets in the liver ($P > 0.05$).

386 3.5. The effects of DCA on the insulin signaling and glycogen synthase kinase 3 beta 387 (*Gs3k β*) expression

388 The fish fed on the DCA3.75 diet significantly increased the phosphorylated protein
389 levels of insulin receptor beta [Ir β (Tyr1345)], insulin receptor substrate 1 [Irs1
390 (Ser636/639)], phosphatidylinositol 3-kinase [Pi3k (Tyr458/198)] and
391 serine/threonine kinase [Akt (Ser473)] compared with those fed on the DCA0 diet (P
392 < 0.05) (Fig. 5A, B). However, the fish fed with the DCA3.75 diet did not
393 significantly affect the total protein levels of Ir β , Irs1, Pi3k and Akt in the liver ($P >$

394 0.05). The fish fed on the DCA3.75 diet significantly increased the phosphorylated
395 level of Gs3k β at the site of ser9 ($P < 0.05$), but did not change its total protein
396 content ($P > 0.05$) (Fig. 5C, D).

397 **4. Discussion**

398 *4.1. Dietary DCA improves glucose oxidation by regulating the PDK2/4-PDHE1 α* 399 *axis*

400 A previous study found that an imbalance between hepatic glucose consumption
401 (glycolysis) and production (gluconeogenesis) in fish limits the efficiency of glucose
402 utilization for energy production (Kamalam et al., 2017). PDKs-PDHE1 α is an
403 important enzyme system, which determines the overall rate of glucose disposal, and
404 links the processes of glycolysis with oxidative phosphorylation (Jaswal et al., 2011;
405 Patel et al., 2014; Wu et al., 2000). In the present study, we found that the 4 PDKs
406 (PDK1-4) isoforms depicted tissue expression specificity, similar to results in
407 mammals (Stacpoole, 2017; Wu et al., 2000) and common killifish (Richards et al.,
408 2008). The mRNA and protein expressions of PDK2 and PDK4 were higher than
409 those of PDK1 and PDK3 in the liver, which is an important glucose metabolism
410 organ, in agreement with the results in rat (Wu et al., 2000), killifish (Richards et al.,
411 2008) and zebrafish (Fukuda et al., 2020). Interestingly, DCA inhibited the mRNA
412 expression and protein concentrations of PDK2 and PDK4, and decreased the
413 phosphorylated level of PDHE1 α in Nile tilapia liver in the present study. Earlier
414 studies in mammals indicated that DCA specifically inhibited PDKs by binding to the
415 allosteric sites of PDK1-4 (Kato et al., 2007), and increased the activity of PDHE1 α

416 through dephosphorylation, which in turn promoted the oxidative utilization of
417 glucose (Klyuyeva et al., 2019; Thoudam et al., 2019). Therefore, the present study
418 showed that DCA also inhibited PDK2 and 4, and increased the content of $^{14}\text{CO}_2$
419 release from [1- ^{14}C]-glucose oxidation in Nile tilapia fed on a high carbohydrate diet.

420 Glucose catabolism is linked to its transport and the glycolysis process in
421 mammals hepatocytes (Enes et al., 2009). Accordingly, the Mrna expressions of *glut2*,
422 *glut4*, *gk*, *pk* and *pfk* were also up-regulated in fish fed on the DCA3.75 diet in the
423 present study. Furthermore, the DCA3.75 diet also up-regulated the genes related to
424 the TCA cycle (namely *cs*) and the oxidative phosphorylation process (namely *mtcd1*,
425 *sdha* and *nduta9*). These results verified that DCA accelerated the glucose uptake and
426 oxidation in the liver of fish. It should be noted that, the DCA3.75 diet improved
427 growth performance-related indexes with enhanced WG, PER and CR and reduced
428 FCR in Nile tilapia fed on the DCA0 diet in the present study, probably owing to the
429 increased energy supply from glucose oxidation. Taken together, our results indicate
430 that DCA improves the carbohydrate utilization efficiency and growth performance of
431 Nile tilapia by regulating the PDK2/4-PDHE1 α axis. These results provide strong
432 evidence that the PDK2/4-PDHE1 α axis plays an important regulatory role in glucose
433 oxidation. Therefore, the PDK2/4-PDHE1 α axis can be used as a potential regulatory
434 target for improving the carbohydrate utilization in farmed fish.

435 *4.2. Dietary DCA alleviates the high carbohydrate diet-induced glucose intolerance*
436 *by enhancing insulin sensitivity*

437 Insulin regulates glucose homeostasis by suppressing gluconeogenesis and

438 stimulating glucose utilization (Clemmons, 2006). Accordingly, an impaired insulin
439 function leads to the pathological disorders in the glucose homeostasis in fish (Caruso
440 and Sheridan, 2011). Previous studies in fish have indicated that a long-term intake of
441 the high carbohydrate diets led to insulin resistance in blunt snout bream (Xu et al.,
442 2018) and Nile tilapia (Boonanuntanasarn et al., 2018a; Li et al., 2021). In the present
443 study, the DCA3.75 diet reduced glucose level in the serum of Nile tilapia fed on 450
444 g/kg carbohydrate (often considered as a high carbohydrate level for Nile tilapia).
445 These results indicate that DCA alleviates the hyperglycemia induced by the intake of
446 high carbohydrate diet. However, the DCA3.75 diet did not increase insulin content in
447 the serum in the normal state and during the GTT test. These results suggest that DCA
448 accomplishes glucose clearance by increasing the insulin sensitivity, rather than
449 promoting insulin secretion. Further evidences indicated that the DCA3.75 diet
450 up-regulated the phosphorylated protein levels of Ir β , Irs1, Pi3k and Akt, which are all
451 involved in the insulin signaling pathway. These results further confirmed our
452 conclusion that DCA improves the insulin sensitivity in Nile tilapia. Similarly, the
453 inhibition or deletion of PDKs in mice also improved glucose tolerance and insulin
454 sensitivity (Thoudam et al., 2019; Wu et al., 2018a; Wu et al., 2018b; Younghoon Go
455 et al., 2016). Therefore, our results suggest that PDK inhibition by using DCA
456 promotes the insulin sensitivity in fish. Fish nutritionists should target the PDK2/4 as
457 a key metabolic regulator for improving the insulin function in farmed fish.

458 *4.3. Dietary DCA increases glycogen synthesis, and inhibits glycolipid conversion*

459 Excess carbohydrate intake in fish usually causes high lipid deposition by

460 increasing the lipogenic activity, subsequently elicits oxidative stress, inflammation
461 and finally impairs health (Qiang et al., 2016; Rawles et al., 2008). In the present
462 study, the DCA3.75 diet lowered lipid deposition in Nile tilapia, and also reduced the
463 conversion of ^{14}C -glucose to ^{14}C -lipid. Accordingly, the hepatic mRNA expressions of
464 *srebp1*, *fas*, *dgat* and *acca* genes were all down-regulated in Nile tilapia fed on the
465 DCA3.75 diet, verifying the lipogenesis inhibition. Previous studies in mammals
466 reported that increasing hepatic PDH activity by PDK2 inhibition ameliorated hepatic
467 steatosis, and decreased the lipogenesis capacity by regulating the TCA cycle
468 anaplerosis and ketogenesis (Olaniyi and Olatunji, 2019; Younghoon Go et al., 2016).
469 The inhibitory effects of DCA on hepatic fat accumulation in the present study can be
470 explained by 2 mechanisms. First, DCA promotes glucose towards oxidative
471 catabolism rather than acting as the substrate for lipid synthesis. Secondly, DCA
472 attenuates lipid synthesis by improving insulin sensitivity. Therefore, DCA reduces
473 high lipid deposition in fish by promoting the glucose oxidative catabolism and
474 improving insulin sensitivity.

475 A previous study found that fish respond to high carbohydrate intakes by
476 increasing glycogen synthesis in the liver and muscle (Shi et al., 2018). In the present
477 study, the DCA3.75 diet also increased the conversion of ^{14}C -labeled glucose to
478 ^{14}C -labeled glycogen, and caused high glycogen deposition in the liver. Accordingly,
479 the Nile tilapia fed on the DCA3.75 diet up-regulated the hepatic mRNA of *gs*. In
480 addition, a previous study reported that glycogen synthase was inhibited by the
481 increased phosphorylated Gs3k β protein content (King et al., 2020). Gs3k β was also

482 inactivated by insulin signaling through phosphorylation of an N-terminal domain
483 serine residue (Patel et al., 2008). In the present study, we found that the DCA3.75
484 diet activated insulin signaling pathway, and then increased the phosphorylation level
485 of Gs3k β . This inhibited Gs3k β , stimulated glycogen synthase activity. These results
486 indicate that DCA stimulates the conversion of glucose into glycogen synthesis, but
487 not into lipid deposition.

488 **5. Conclusion**

489 The present study demonstrated that dietary DCA treatment promotes efficient
490 glucose oxidation and insulin sensitivity in Nile tilapia via inhibiting PDK2/4 and
491 activating PDHE1 α . Moreover, dietary DCA administration also improves the ability
492 of Nile tilapia to synthesize glycogen, and inhibits glucose conversion into lipid. The
493 underlying mechanisms are summarized in Fig. 6. This study provides new
494 understandings on the regulatory effects of the PDK2/4-PDHE1 α axis in carbohydrate
495 utilization and remodeling the metabolic balance between glucose and lipid in fish.
496 Our study brings forth new nutritional strategies for improving the adaptation of
497 farmed fish towards high carbohydrate diets.

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678 **Table 1** The ingredients and proximate composition of the experimental diets.

Item	DCA0	DCA3.75	DCA7.50	DCA11.25
Ingredients, g/kg				
Casein ¹	336.0	336.0	336.0	336.0
Gelatin ²	84.0	84.0	84.0	84.0
Soybean oil ³	70.0	70.0	70.0	70.0
Corn starch ⁴	450.0	450.0	450.0	450.0
Vitamin premix ⁵	10.0	10.0	10.0	10.0
Mineral premix ⁶	10.0	10.0	10.0	10.0
Ca(H ₂ PO ₄) ₂ ⁷	7.75	7.75	7.75	7.75
Carboxy methyl cellulose ⁸	26.0	26.0	26.0	26.0
Choline chloride ⁹	5.0	5.0	5.0	5.0
Dimethyl-β-propiethetin ¹⁰	1.0	1.0	1.0	1.0
Butylated hydroxytoluene ¹¹	0.25	0.25	0.25	0.25
Dichloroacetate (DCA) ¹²	0.00	3.75	7.50	11.25
Total	1,000	1,000	1,000	1,000
Proximate composition, % dry matter basis				
Dry matter	92.37	92.44	92.71	92.33
Protein	37.95	37.89	37.96	38.03
Lipid	6.99	6.85	6.98	6.83
Ash	3.31	3.21	3.22	3.30
Nitrogen-free extract ¹³	44.12	44.49	44.55	44.17
Available energy, MJ/kg ¹⁴	16.43	16.40	16.40	16.46
DCA ¹² , g/kg	-	3.02	6.88	10.88

679 ¹ Casein: Wan Ling, Changzhou Linghao Biotechnology Co., Ltd., Jiangsu, China.680 ² Gelatin: Sangon Biotech (Shanghai) Co., Ltd., China.681 ³ Soybean oil: Arawana Brand, Yihai Kerry Investments Co., Ltd., Hubei, China.682 ⁴ Corn starch: Shijiazhuang Tangtian starch Co., Ltd., Hebei, China.683 ⁵ Vitamin premix provided the following per kilogram of diet: 500,000 I.U. vitamin A, 50,000 I.U.

684 vitamin D₃, 2,500 mg vitamin E, 1,000 mg vitamin K₃, 5,000 mg vitamin B₁, 5,000 mg vitamin B₂,
685 5,000 mg vitamin B₆, 5,000 mg vitamin B₁₂, 25,000 mg Inositol, 10,000 mg pantothenic acid,
686 100,000 mg cholin, 25,000 mg niacin, 1,000 mg folic acid, 250 mg biotin, 10,000 mg vitamin C.

687 ⁶ Mineral premix provided the following per kilogram of diet: 147.4 g MgSO₄·7H₂O, 49.8 g NaCl,
688 10.9 g Fe (II) gluconate, 3.12 g MnSO₄·H₂O, 4.67 g ZnSO₄·7H₂O, 0.62 g CuSO₄·5H₂O, 0.16 g KI,
689 0.08 g CoCl₂·6H₂O, 0.06 g NH₄ molybdate, 0.02 g NaSeO₃.

690 ⁷ Ca(H₂PO₄)₂: Sangon Biotech (Shanghai) Co., Ltd., China.

691 ⁸ Carboxy methyl cellulose: Shandong Dongda Commerce Co., Ltd., China.

692 ⁹ Choline chloride: Sangon Biotech (Shanghai) Co., Ltd., China.

693 ¹⁰ Dimethyl-β-propiethetin: Sangon Biotech (Shanghai) Co., Ltd., China.

694 ¹¹ Butylated hydroxytoluene: Sangon Biotech (Shanghai) Co., Ltd., China.

695 ¹² Dichloroacetate (DCA): Aladdin Biotech (Shanghai) Co., Ltd., China. The actual DCA
696 concentrations were determined by high-performance liquid chromatography.

697 ¹³ Calculated as 100 - (moisture + protein + lipid + ash).

698 ¹⁴ Based on 16.7 MJ/kg protein, 37.6 MJ/kg lipid and 16.7 MJ/kg nitrogen-free extract (NFE).

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700 **Table 2** Primer sequences for qRT-PCR analysis in Nile tilapia.

Gene name	Sense and antisense primer (5'-3')	GenBank no.
<i>efla</i>	F: CTACGTGACCATCATTGATGCC R: AACACCAGCAGCAACGATCA	AB075952
<i>β-actin</i>	F: AGCCTTCCTCCTTGGTATGGAAT R: TGTTGGCGTACAGGTCCTTACG	KJ126772
<i>ppara</i>	F: CTGATAAAGCTTCGGGCTTCCA R: CGCTCACACTTATCATACTCCAGCT	KF871430
<i>cpt1b</i>	F: AAGGGACGTTACTTCAAGGTG R: TCCGACTTGTCTGCCAAGAT	GQ395696
<i>accβ</i>	F: ACATGCAGTCCATGCTGCGT R: AAATGCCTCTCAAGCCACTCAA	XM_003451659
<i>srebp1</i>	F: TGCAGCAGAGAGACTGTATCCGA R: ACTGCCCTGAATGTGTTTCAGACA	XM_005457771
<i>acca</i>	F: TAGCTGAAGAGGAGGGTGAAGA R: AACCTCTGGATTGGCTTGAACA	XM_005471970
<i>fas</i>	F: TTGAGGATGTGACTATCCACAGGG R: GTCAGGTTTCCGTTCTCCGAAA	XM_003454056
<i>dgat</i>	F: GCTTGAATTCTGTCACCCTGAAGA R: ACCTGCTTGTAGGCGTCGTTCT	XM_003458972
<i>mtco1</i>	F: CTGTTTATCCCCACTCGCA R: AATAGATGACACCCCGGCCA	LC189956.1
<i>sdha</i>	F: GGTATTCCGTACCGGCTCTG R: GTCGGTGTTCACACAATGC	XM_003443687.5
<i>ndufa9</i>	F: ACCTTTTGTGCCCTACCCTC R: TTTGTCTGGGGTTGTCCAGG	XM_003447056.4
<i>gk</i>	F: GACATGAGGACATTGACAAGGGAA R: CTTGATGGCGTCTCTGAGTAAACC	XM_003451020.2
<i>pfk</i>	F: AACCTGTGTGTGATTGGAGGTGAT R: CGTGATCTTACCGGCTTTAACAAG	XM_003441476.2
<i>pk</i>	F: CAGCATAATCTGCACCATCGGT R: ATGAGAGAAGTTAAGACGGGCGA	XM_005472621.3
<i>pepck</i>	F: TGGAAGAACAAACCTTGGCG R: TGGGTCAATAATGGGACACTGTCT	XM_003448375
<i>g6pase</i>	F: AGACCTTATTGGTGGGTTACGA R: CTGAAGGACTTCCTGGTCCAGTTT	XM_003448671.4
<i>fbpase</i>	F: ACCGGACAATAGCGGAAAATACA R: TGGCGAATATTGTTTCCTATGGAGA	XM_003449650.4
<i>idh</i>	F: ACGCATCGCTGAGTACGCCTT R: AGACCGTCTGACATCCGCATGA	XM_003437590.5
<i>cs</i>	F: AGCACCACAGTTTACCAG R: AGTGTTGACAAACCCAGA	XM_003438897
<i>glut2</i>	F: CATTGGCATTCTAATCAGCCAGGT R: TTGTAATATTGCTGGCGCTCCA	XM_003442884.5

<i>glut4</i>	F: GCAGGAGGAAAGCCATGCTTATA R: ATCATTTCAAAGGAGCGGCAGA	XM_003458705.4
<i>gs</i>	F: CCTCACTCTGCGCTGTTATTC R: CAGCGGCATGCCTTCAGTTT	XM_013276796.3
<i>pdk1</i>	F: GAGGAGCAGCGTGTCCATAG R: AGGTAACTCCTGTCAAAATCCAGA	XM_003447311.5
<i>pdk2</i>	F: GCAGAGTTCATCCAGACAA R: GACCTGTAGTGCTTATCTGAT	XM_003448725.5
<i>pdk3</i>	F: GTCATGTCATTGCGAAGGGC R: CAGAGCCAGCTCCATAAGGTT	XM_005471769.4
<i>pdk4</i>	F: AATCCACAGCCAGTCACT R: GCAGAGTTCATCCAGACAA	XM_003457260.5
<i>pdhe1α</i>	F: AATCCACAGCCAGTCACT R: GCAGAGTTCATCCAGACAA	XM_013264731.3

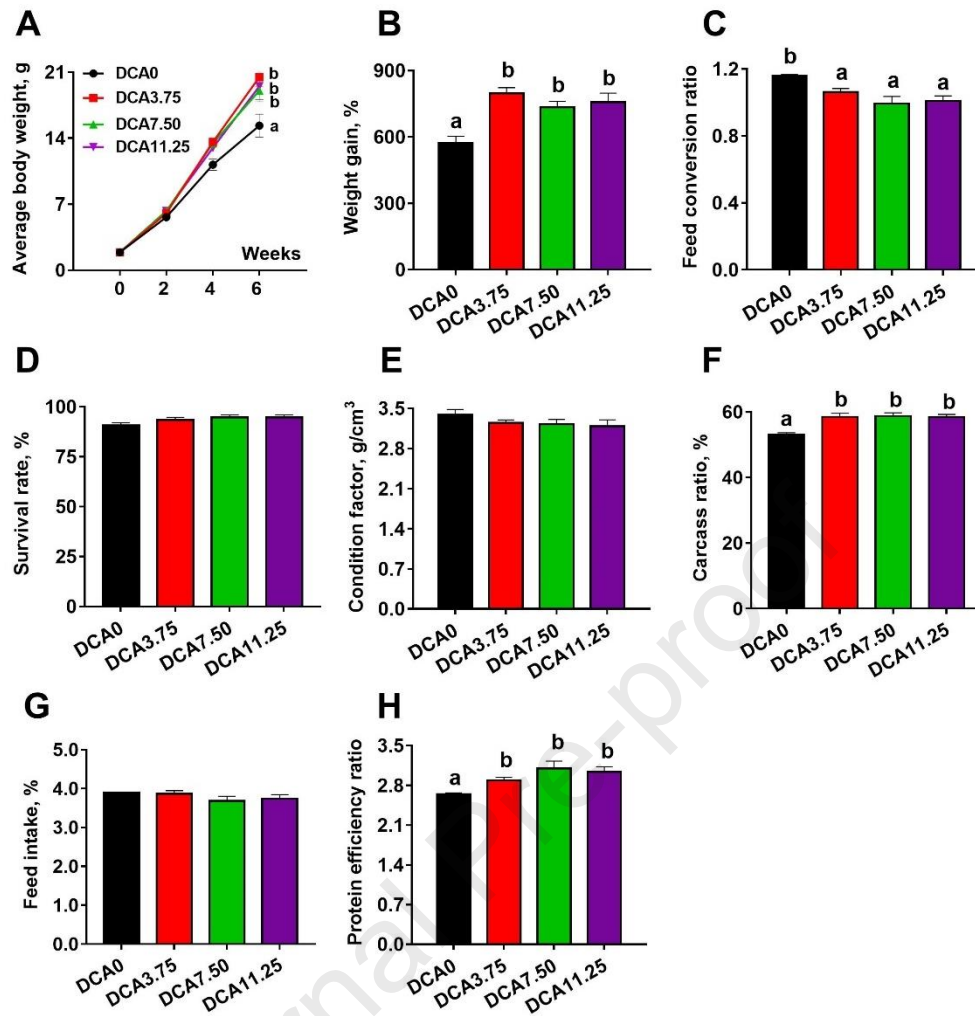
701 *ef1 α* = elongation factor 1 alpha; *ppara* = peroxisome proliferator activated receptor α ; *cpt1b* =
702 carnitine palmitoyl transferase 1b; *acc β* = acetyl-coa carboxylase β ; *srebp1* = sterol regulatory
703 element binding transcription factor 1; *acca* = acetyl-coa carboxylase α ; *fas* = fatty acid synthase;
704 *dgat* = diacylglycerol o-acyltransferase; *mtcol* = mitochondrial cytochrome c oxidase 1; *sdha* =
705 succinate dehydrogenase complex subunit A; *ndufa9* = NADH dehydrogenase [ubiquinone] 1a
706 subcomplex subunit 9; *gk* = glucokinase; *pfk* = phosphofructokinase; *pk* = pyruvate kinase; *pepck*
707 = phosphoenolpyruvate carboxykinase; *g6pase* = glucose-6-phosphatase; *fbpase* =
708 fructose-1,6-bisphosphatase; *idh* = isocitrate dehydrogenase; *cs* = citrate synthase; *glut2* = glucose
709 transporter 2; *glut4* = glucose transporter 4; *gs* = glycogen synthase; *pdk1/2/3/4* = pyruvate
710 dehydrogenase kinase 1/2/3/4; *pdhe1 α* = pyruvate dehydrogenase E1 α subunit.
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712 **Table 3** Antibodies used for western blotting assay.

Antibodies name	Source	Identifier
Pdk2	Abways	CY7193
Pdk4	Proteintech	12949-1-AP
Pdhe1 α	Abways	AB3131
p-Pdhe1 α (Ser293)	Abways	CY7247
Ir β	Cell Signaling Technology	Cat #3020
p-Ir β (Tyr1345)	Cell Signaling Technology	Cat #3026
Irs1	Abways	CY3428
p-Irs1 (Ser636)	Abways	CY6308
Pi3k	Abways	AB0036
p-Pi3k (Tyr458/199)	Cell Signaling Technology	Cat #4228
Akt	Cell Signaling Technology	Cat #4691
p-Akt (Ser473)	Cell Signaling Technology	Cat #4060
Gsk3 β	Abways	AB3168
p-Gsk3 β (Ser9)	Abways	CY6248
Gapdh	Huabio	M1310-2

713 Pdk2= pyruvate dehydrogenase kinase 2; Pdk4= pyruvate dehydrogenase kinase 4; Pdhe1 α =
714 pyruvate dehydrogenase E1 α subunit; Ir β = insulin receptor β ; Irs1 = insulin receptor substrate 1;
715 Pi3k = phosphatidylinositol 3-kinase; Akt = serine/threonine kinase; Gsk3 β = glycogen synthase
716 kinase 3 β ; Gapdh = glyceraldehyde-3-phosphate dehydrogenase.

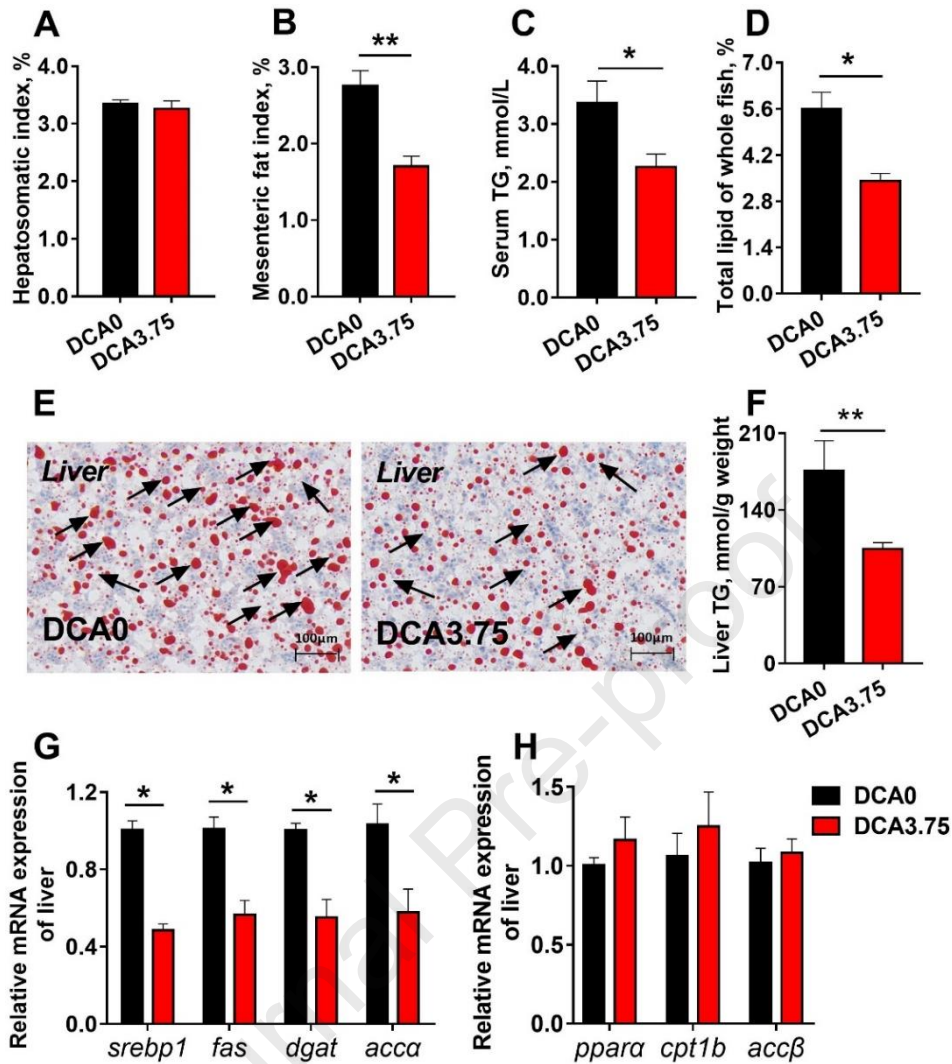
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719 **Fig. 1** The effects of dichloroacetate (DCA) on growth performance of Nile tilapia. (A) Body weight increase
 720 during the 6 wk feeding trial ($n = 3$); (B) weight gain ($n = 3$); (C) survival rate ($n = 3$); (D) feed conversion ratio (n
 721 $= 3$); (E) feed intake ($n = 3$); (F) protein efficiency ratio ($n = 3$); (G) condition factor ($n = 9$); (H) carcass ratio ($n =$
 722 9). Values are means \pm SEM. Statistical differences in mean values of all indexes were evaluated by using one-way
 723 analysis of variance (ANOVA) followed by Tukey test. ^{a, b} Different letters indicate a significant difference ($P <$
 724 0.05).

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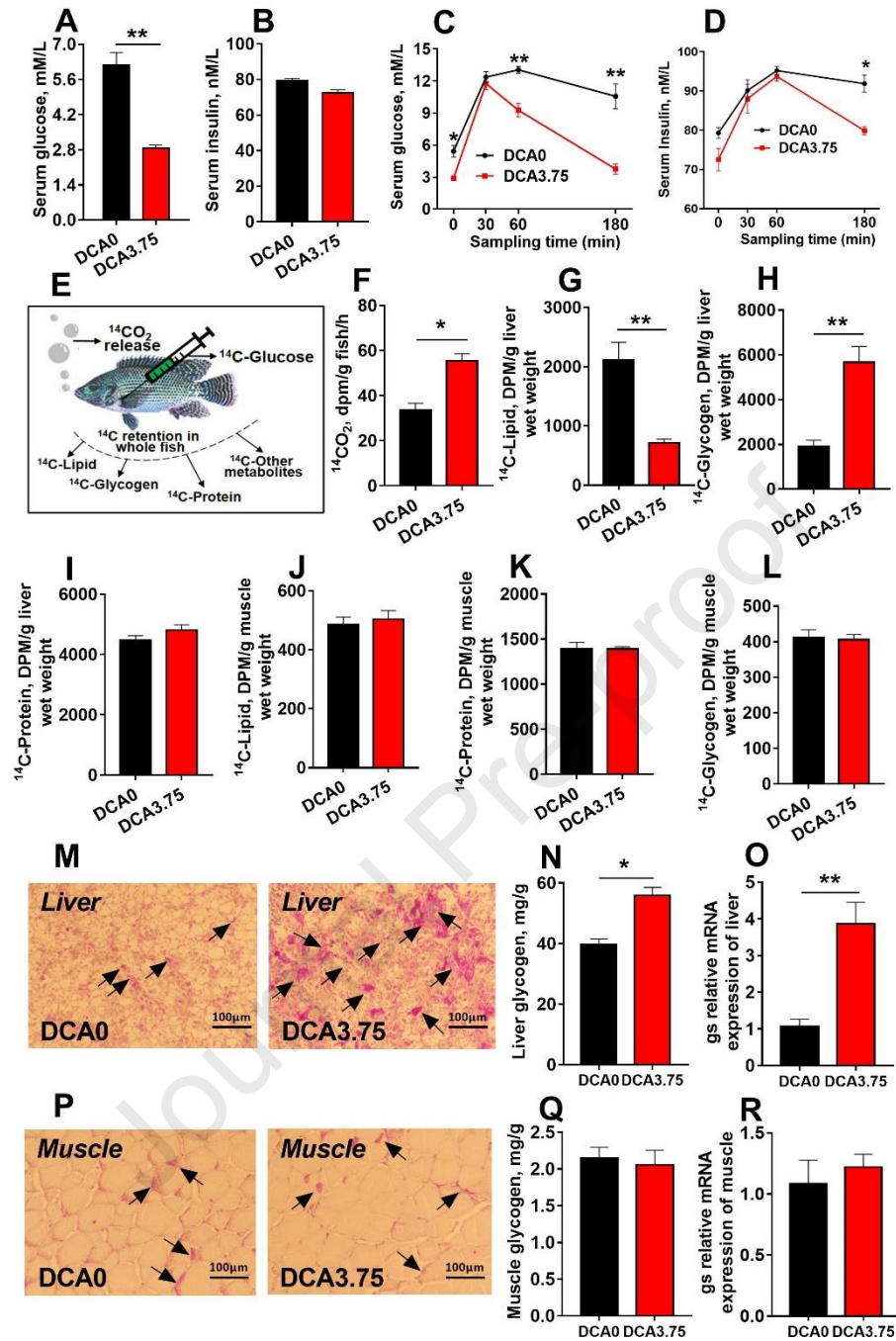
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Fig. 2 The effects of dichloroacetate (DCA) on conversion of glucose to lipid in Nile tilapia. (A) Hepatosomatic index ($n = 9$); (B) mesenteric fat index ($n = 9$); (C) serum triglyceride ($n = 9$); (D) total lipid in the whole fish ($n = 9$); (E) oil red staining of liver tissues ($n = 3$); (F) liver triglyceride ($n = 9$); (G–H) the mRNA expression of lipogenesis and lipolysis-related genes in the liver (*srebp1* = sterol regulatory element binding transcription factor 1; *fas* = fatty acid synthase; *dgat* = diacylglycerol o-acyltransferase; *acca* = acetyl-coa carboxylase α ; *ppara* = peroxisome proliferator activated receptor α ; *cpt1b* = carnitine palmitoyl transferase 1b; *acc β* = acetyl-coa carboxylase β) ($n = 9$). Values are means \pm SEM. Statistical differences in mean values of all indexes were evaluated by using independent *t*-test. * $P < 0.05$, ** $P < 0.01$.



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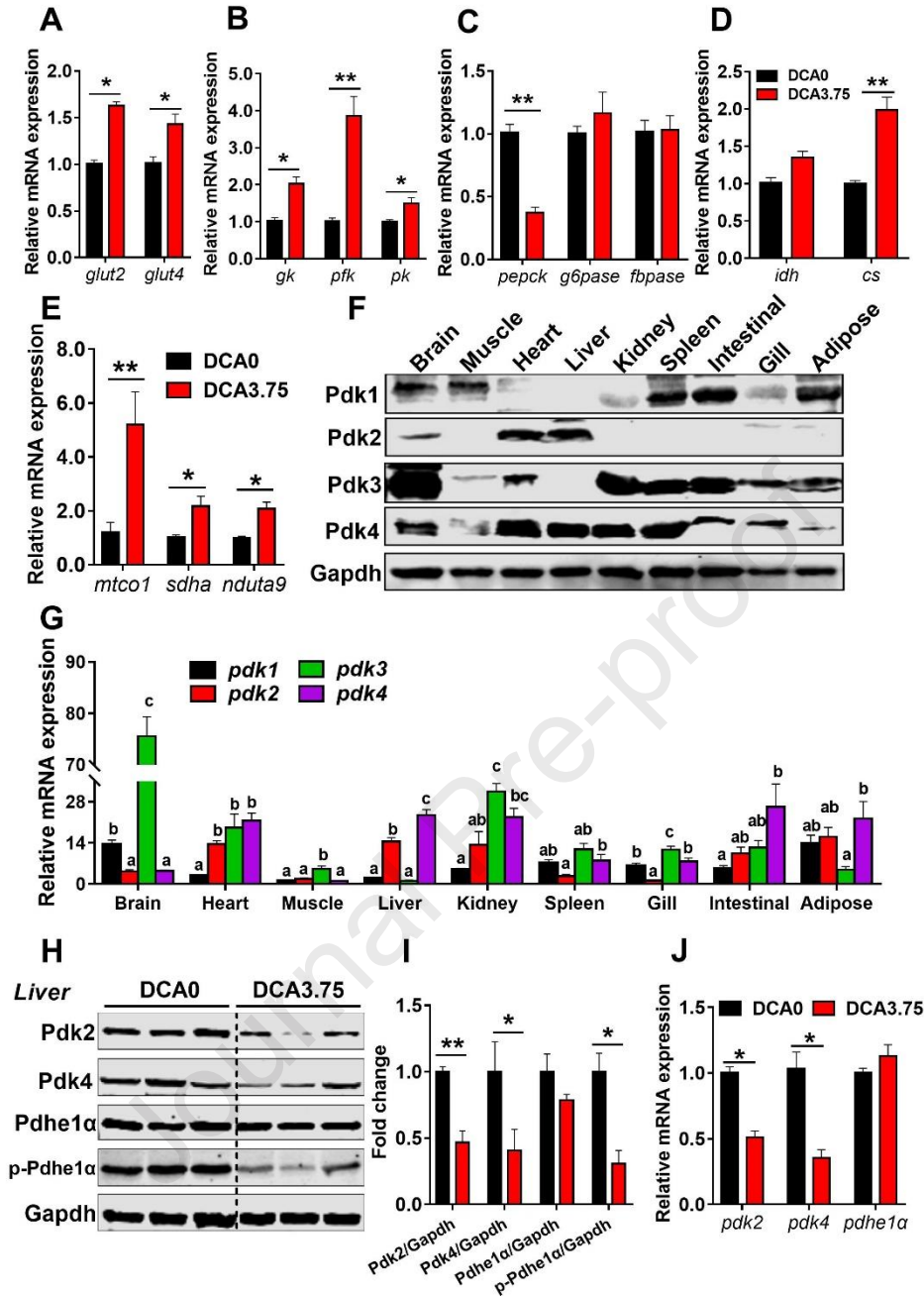
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Fig. 3 The effects of dichloroacetate (DCA) on the glucose oxidation utilization in Nile tilapia. (A) Serum glucose ($n = 9$); (B) serum insulin ($n = 9$); (C-D) serum glucose and insulin during glucose tolerance test (GTT) ($n = 6$); (E) schematic diagram of ^{14}C -labelled glucose tracking test in Nile tilapia. (F) carbon dioxide radioactivity released from $[1-^{14}\text{C}]$ -glucose oxidation of Nile tilapia ($n = 6$); (G-I) lipid, glycogen and protein radioactivity of liver during $[1-^{14}\text{C}]$ -glucose tracking test of Nile tilapia ($n = 6$); (J-L) lipid, glycogen and protein radioactivity of muscle during $[1-^{14}\text{C}]$ -glucose tracking test of Nile tilapia ($n = 6$); periodic acid-Schiff (PAS) staining in the liver (M) and muscle (P); glycogen content in the liver (N) and muscle (Q); and the mRNA expression of glycogen synthase in liver (O) and muscle (R) (gs = glycogen synthase). Values are means \pm SEM. Statistical differences in mean values of all indexes were evaluated by using independent t -test. * $P < 0.05$, ** $P < 0.01$.



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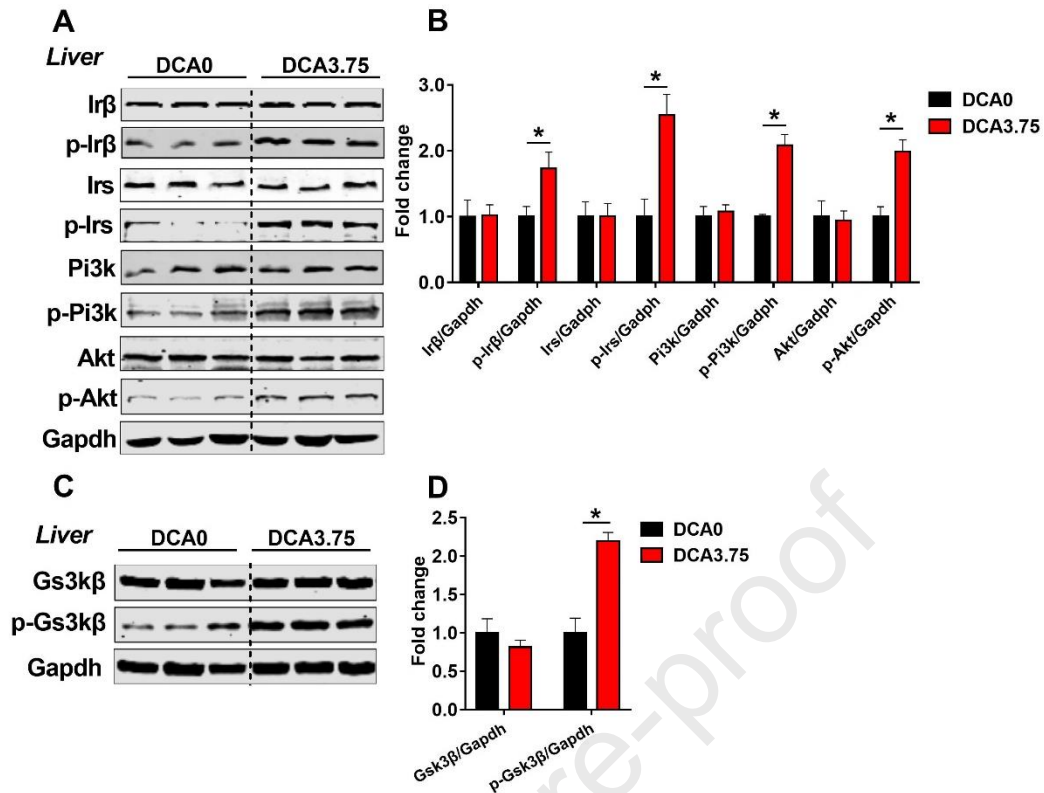
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Fig. 4 The effects of dichloroacetate (DCA) on the PDK2/4-PDHE1 α axis and expression of genes related to glucose metabolism in Nile tilapia. (A) The mRNA expression of glucose transport-related genes in the liver (*glut2* = glucose transporter 2; *glut4* = glucose transporter 4) ($n = 9$); (B) the mRNA expression of glycolysis-related genes in the liver (*gk* = glucokinase; *pfk* = phosphofructokinase; *pk* = pyruvate kinase) ($n = 9$); (C) the mRNA expression of gluconeogenesis-related genes in the liver (*pepck* = phosphoenolpyruvate carboxykinase; *g6pase* = glucose-6-phosphatase; *fbpase* = fructose-1,6-bisphosphatase) ($n = 9$); (D) the mRNA expression of TCA cycle-related genes in the liver (*idh* = isocitrate dehydrogenase; *cs* = citrate synthase) ($n = 9$); (E) the mRNA expression of oxidative phosphorylation-related genes in the liver (*mtco1* = mitochondrial cytochrome c oxidase 1; *sdha* = succinate dehydrogenase complex subunit A; *ndufa9* = NADH dehydrogenase [ubiquinone] 1a subcomplex subunit 9) ($n = 9$); (F-G) mRNA and protein expression patterns of *pdk1*, *pdk2*, *pdk3* and *pdk4* in different tissues (*pdk1/2/3/4* = pyruvate dehydrogenase kinase 1/2/3/4) ($n = 6$); (H-I) the protein concentrations of Pdk2, Pdk4,

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757 Pdhe1 α and p-Pdhe1 α in the liver (Pdk2= pyruvate dehydrogenase kinase 2; Pdk4= pyruvate dehydrogenase kinase
758 4; Pdhe1 α = pyruvate dehydrogenase E1 α subunit) ($n = 9$); and (J) the mRNA expression of *pdk2*, *pdk4* and
759 *pdhe1 α* genes in the liver (*pdhe1 α* = pyruvate dehydrogenase E1 α subunit) ($n = 9$). Values are means \pm SEM.
760 Statistical differences in mean values were evaluated by using either one-way analysis of variance (ANOVA)
761 followed by Tukey test (G), or the independent *t*-test (others except for G). ^{a, b, c} Different letters indicate a
762 significant difference ($P < 0.05$). * $P < 0.05$, ** $P < 0.01$.
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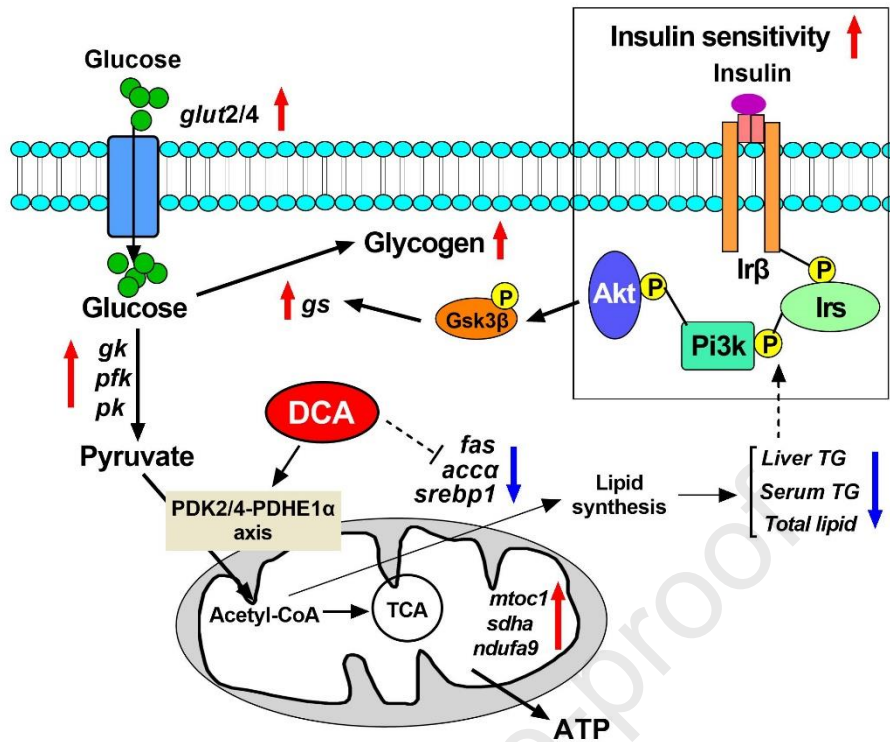
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765 **Fig. 5** The effects of dichloroacetate (DCA) on the insulin signaling and glycogen synthase kinase 3 beta (GS3Kβ)
 766 in Nile tilapia. (A-B) The protein expression of insulin pathway in the liver of Nile tilapia (Irβ = insulin receptor β;
 767 Irs1 = insulin receptor substrate 1; Pi3k = phosphatidylinositol 3-kinase; Akt = serine/threonine kinase) ($n = 9$);
 768 (C-D) the protein expression of Gs3kβ and p-Gs3kβ in liver of Nile tilapia ($n = 9$). Values are means \pm SEM.
 769 Statistical differences in mean values of all indexes were evaluated by using independent t -test. * $P < 0.05$.

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Fig. 6 Summary of the results showing dichloroacetate (DCA) promotes the oxidation utilization of glucose and glycogen synthesis, improves insulin sensitivity, and inhibits glycolipid conversion by regulating the PDK2/4-PDHE α axis in Nile tilapia (*gk* = glucokinase; *pfk* = phosphofructokinase; *pk* = pyruvate kinase; *fas* = fatty acid synthase; *acc α* = acetyl-coa carboxylase α ; *srebp1* = sterol regulatory element binding transcription factor 1; *mtoc1* = mitochondrial cytochrome c oxidase 1; *sdha* = succinate dehydrogenase complex subunit A; *ndufa9* = NADH dehydrogenase [ubiquinone] 1a subcomplex subunit 9; *gs* = glycogen synthase; Pdk= pyruvate dehydrogenase kinase; Pdhe1 α = pyruvate dehydrogenase E1 α subunit; Ir β = insulin receptor β ; Irs1 = insulin receptor substrate 1; Pi3k = phosphatidylinositol 3-kinase; Akt = serine/threonine kinase; Gsk3 β = glycogen synthase kinase 3 β).

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1 **Conflict of interest**

2 We declare that we have no financial and personal relationships with other people or
3 organizations that can inappropriately influence our work, and there is no professional
4 or other personal interest of any nature or kind in any product, service and/or company
5 that could be construed as influencing the content of this paper.

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